



I've been knocking on doors, and people have been asking, "How can I know that the food I buy is grown by farmers in the United States of America, not China?" One way is to look for the "**Buy Fresh Buy Local**" and/or the "**PA Preferred**" sign(s) or label(s). These are statewide marketing campaigns to help sustain our farmers. From eggs to egg plant, some restaurants, grocery stores,



and bed and breakfast inns buy from local farmers and use or sell their produce, meats, and dairy products. In addition, we have many local farmer's markets and roadside stands. By buying healthy fresh food directly from local farmers who grow the food and by shopping and dining at those businesses that support local farmers, you are not only getting the best tasting food and contributing to a strong local economy, but you are also helping to preserve our family farms.

## *roadside markets*



**Frey's Farm Market**  
1875 Colebrook Rd.  
Lebanon, Pa 17042  
717-272-8447

**Good Karma Produce**  
104 Dohmer St  
Lebanon, PA 17042  
Phone: (717) 383-9099  
Open Mon., Wed. & Thursdays  
Season: June - Oct

**Gray's Apple Ridge**  
144 Greble Road  
Jonestown, PA 17038  
Phone: (717) 865-3997  
www.graysappleridge.com  
Open Daily  
Season: Second Sat. of  
September - Mid December

**Heagy's Produce**  
4010 Oak Street  
Lebanon, PA 17042  
Phone: (717) 867-1057  
Mon. - Sat.: 8 AM-5PM

**Hornings Roadside Market**  
Route 501  
South of Myerstown, PA  
717-866-7193

**Howard's Farm Fresh Produce**  
Anville Township  
717-926-0927



**Landsdale Farm**  
838 Omo Road  
Jonestown, PA 17038  
Phone: (717) 865-6220  
Season: April-November

**Lebanon Valley Livestock Auction**  
Fredericksburg, PA  
(717) 865-2881

**Lebanon Farmers Market**  
35 S. Eighth St.,  
Lebanon, PA 17042  
Phone: (717) 274-FOOD  
Thursday: 8 AM - 7 PM  
Friday: 8 AM - 7 PM  
Saturday: 7 AM - 3 PM  
Season: Year round

**Palmyra Producer-Only Farmers' Market**  
325 South Railroad St.  
Palmyra, PA 17078  
Phone: (717) 867-2874  
Saturday: 8:00 - 12:00  
Season: May 21- Oct. 29  
Winter Market  
401 N. State Route 934  
Operates Mid Nov.-April

**PACMA, Inc.**  
475 East High St  
Palmyra, PA 17078  
Phone: (717) 838-7050  
www.pacmamc.com  
Mon. - Fri.: 6AM - 6 PM

**R&J Free-Range Poultry**  
725 Schaeffer Road  
Lebanon, PA 17042  
Phone: (717) 949-2469  
Mon.-Sat.: 8AM-4PM

**Red Gate Farm Goat Dairy**  
231 School House Rd.  
Palmyra, PA 17078  
Phone: (717) 838-4610  
www.redgatefarm.com  
*First Timers should call first for instructions.*

**Reistville Produce Auction**  
Route 501 North of  
Schaefferstown, PA  
Tuesdays

**Risser Marvel Farm Market**  
2425 Horseshoe Pike  
Anville, PA 17003  
Phone: (717) 838-1438  
RISSERMARVEL.COM  
Mon. - Fri.: 9AM - 7PM  
Saturday: 9AM - 5PM  
Season: May 1<sup>st</sup>-Dec. 24<sup>th</sup>

**Sycamore Spring Orchard**  
2501 Heilmundale Road  
Jonestown, PA 17038  
(717) 867-4389  
sycamorespringorchard.com  
Open Daily. No Sundays.  
Season: Open all year.



Sincerely,  
**Commissioner Jo Ellen Litz**  
[www.JoEllenLitz.com](http://www.JoEllenLitz.com)